

# APRIL 2026

## FAMILY ENGAGEMENT CALENDAR

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
		1 <b>April Fools!</b>	2 Take a neighborhood walk and look for signs of Spring.	3 Read a book outside under a tree. 	4 Hop like a bunny for 2 minutes. 	5 <b>HAPPY Easter</b>
6 Play "I spy" outside. 	7 Run and race safely in the yard or at a park.	8 Practice balancing on a curb or line. 	9 Collect leaves and sort by size.	10 Toss and Catch a Ball 10 times. 	11 Draw outside with sidewalk chalk. 	12 March like ants and stomp like bears. 
13 Build a small stick tower outside.	14 Go on a bug hunt. 	15 Do jumping jacks in the sunshine. 	16 Practice skipping. 	17 Plant a flower or seeds. 	18 Create an outdoor obstacle course.	19 Roll a ball back and forth. 
20 Play Follow-the-leader outside. 	21 Explore Nature respectfully.	22 <b>Earth Day</b> 	23 National Picnic Day. 	24 Stretch like tall trees. 	25 Count how many birds you see. 	26 Ride a bike or scooter. 
27 Tell a story day. 	28 Play Tag 	29 Practice crab walks. 	30 Celebrate outdoor fun! 			

# FAMILY ENGAGEMENT CALENDAR



# MAY 2026

MONDAY

TUESDAY

WEDNESDAY

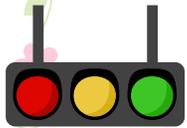
THURSDAY

FRIDAY

SATURDAY

SUNDAY

4 Play red light, green light.



5 **CINCO DE MAYO**

6 Walk and count your steps together.



7 Climb safely at a playground.



8 Blow bubbles and chase them.



9 Practice tossing bean bags into a bucket.



10 **Happy Mother's Day**



11 Draw outdoor shapes with chalk.



12 Walk barefoot on grass safely.



13 Play shadow tag.



14 Dance like a chicken day.



15 Look at different cloud shapes.



16 Run races and time each other.



17 Build a fort outside.



18 Do animal yoga poses.



19 Practice hopping on one foot.



20 Water plants.



21 Toss water balloons.



22 Take a sunset walk.



23 What's your favorite outdoor activity?

24 Practice catching with 2 hands.



25 **HAPPY MEMORIAL DAY**



26 Fly paper airplanes.



27 Play freeze dance outside.



28 Sweep the patio or help with yard work.

29 What animals do you find in your backyard?

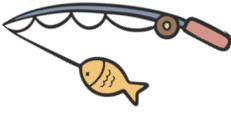
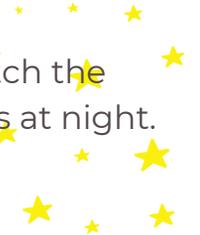
30 Balance on one foot.



31 Draw your favorite part of being outside.

# JUNE 2026

## FAMILY ENGAGEMENT CALENDAR

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<p>1 Practice throwing different sizes of balls.</p> 	<p>2 Practice jump roping.</p> 	<p>3 World Bicycle Day.</p> 	<p>4 Play hopscotch.</p> 	<p>5 Celebrate World Environment Day by recycling.</p> 	<p>6 Dance to music outdoors.</p>	<p>7 Read outside under the shade.</p> 
<p>8 Visit the Beach.</p> 	<p>9 Practice with a hula hoop.</p> 	<p>10 Go on a color hunt outside.</p> 	<p>11 Practice cartwheels.</p> 	<p>12 Walk like different animals.</p>	<p>13 Visit a playground.</p> 	<p>14 Draw pictures about summer.</p> 
<p>15 HAPPY FATHER'S DAY</p>	<p>16 Play Catch.</p> 	<p>17 Create an obstacle course.</p>	<p>18 Go Fishing Day!</p> 	<p>19 JUNE TEENTH</p>	<p>20 Have a relay race.</p>	<p>21 HELLO SUMMER!</p>
<p>22 Try yoga outside.</p> 	<p>23 Practice sun safety.</p> 	<p>24 Walk &amp; Talk about what you see.</p> 	<p>25 Practice jumping forward and backwards.</p>	<p>26 Blow bubbles outside.</p> 	<p>27 Sunglasses Day.</p> 	<p>28 Watch the stars at night.</p> 
<p>29 Explore the different phases of the moon.</p> 	<p>30 When is your favorite time of the day to play outside?</p>					

Explore  
the  
outdoors!



# Family Engagement Through Outdoor Exploration

Spending time together at local parks in Pasco and Hernando Counties is a wonderful way to strengthen family bonds while supporting your child's learning and development. Outdoor spaces provide natural opportunities for children to run, climb, balance, observe wildlife, and explore their surroundings using all five senses. Parks encourage curiosity, problem-solving, creativity, and physical activity—all while enjoying fresh air and sunshine. Whether visiting a playground, walking a nature trail, or having a picnic, families can turn everyday outings into meaningful learning experiences. Asking thoughtful questions and encouraging children to notice details helps build language skills, confidence, and a love for the community. Outdoor exploration also promotes healthy habits and reduces stress for both children and adults. By exploring our local parks together, families create lasting memories while helping children develop strong bodies, active minds, and an appreciation for nature.

Pasco County Park Directory:

[https://www.pascocountyfl.gov/services/parks\\_recreation\\_and\\_natural\\_resources/park\\_directory.php](https://www.pascocountyfl.gov/services/parks_recreation_and_natural_resources/park_directory.php)

Hernando County Park Directory:

<https://www.hernandocounty.us/community-recreation/parks-recreation/>



# Open Ended Questions

to encourage exploration

01

How does the air smell or feel like today?

02

What animals or insects do you think live here?

03

What different sounds can we hear right now?

04

What do you think would happen if we followed this trail?

05

Why do you think trees and plants are important?

06

How can we take care of this park while we visit today?