




Transition to Kindergarten Readiness

Preparing for kindergarten is an exciting milestone! Engaging in simple, hands-on activities at home helps build essential skills in language, math, science, social-emotional development, and independence. Using the Excellerations PreK-Kindergarten Achievement Kit, families can create fun learning experiences that promote confidence and school readiness. Find these easy-to-implement engaging activities featured in this Quarters Parent Circle to support your child's transition to kindergarten that make learning enjoyable while strengthening key developmental areas.


Language & Literacy Development:

 **Letter Recognition Hunt** – Use letter foam tiles from the kit to create simple words and match letters in books.


 **Name Writing Practice** – Encourage children to write their name using different materials (sand, chalk, markers).

 **Rhyming Word Games** – Use picture cards to match rhyming words and play “I Spy” with rhyming clues.


Mathematical Thinking


 **Counting and Sorting** – Use manipulatives (pattern blocks, cubes) from the kit to count, group, and create patterns.

 **Shape Hunt** – Identify and draw shapes found at home using the shape cards.

 **Number Recognition Game** – Play dice games to practice number recognition and counting.


Science & Exploration


 **Nature Walk & Journal** – Observe plants and animals, draw findings, and discuss changes in nature.

 **Simple Experiments** – Use STEM materials to explore cause and effect, such as sinking and floating.


 **Weather Charting** – Track daily weather and discuss changes over time.


Social-Emotional Development


 **Role-Playing** – Practice classroom routines like raising a hand, taking turns, and sharing.

 **Dramatic Play** – Set up pretend play areas (grocery store, school) to practice social skills.


Fine & Gross Motor Skills


 **Cutting & Pasting Crafts** – Use safety scissors to cut and glue simple shapes or letters.


 **Tracing & Drawing** – Follow tracing lines in activity books to strengthen hand coordination.

 **Movement Games** – Engage in hopping, skipping, and balancing activities to build coordination.

Daily Living & Independence

 **Snack Time Independence** – Let children practice opening snack containers and pouring drinks.

 **Self-Help Skills** – Encourage dressing, zipping, and tying shoes independently.

 **Daily Routine Chart** – Create a visual schedule to prepare for kindergarten routines.




Family Activities

April 2025




Week 1


 Letter Recognition Hunt - Use letter foam tiles from the kit to create simple words and match letters in books.




Week 2

 Counting and Sorting - Use manipulatives (pattern blocks, cubes) from the kit to count, group, and create patterns.

Week 3

 Nature Walk & Journal - Observe plants and animals, draw findings, and discuss changes in nature.

Week 4

 Role-Playing - Practice classroom routines like raising a hand, taking turns, and sharing.




Family Activities

MAY 2025




WEEK 1

 Name Writing Practice
- Encourage children to write their name using different materials (sand, chalk, markers).




WEEK 2

 Shape Hunt -
Identify and draw shapes found at home using the shape cards.




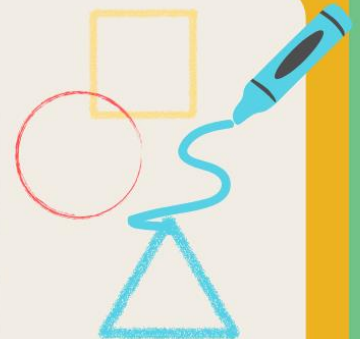
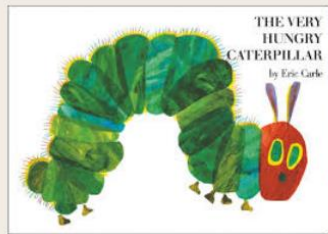
WEEK 3

 Simple Experiments - Use STEM materials to explore cause and effect, such as sinking and floating.



WEEK 4


-  Dramatic Play -
- Set up pretend play areas (grocery store, school) to practice
- social skills.




Family Activities

June 2025


Week 1

 Rhyming Word Games – Use picture cards to match rhyming words and play “I Spy” with rhyming clues.


Week 2

 Cutting & Pasting
Crafts – Use safety scissors to cut and glue simple shapes or letters.

Week 3

 Movement Games
– Engage in hopping, skipping, and balancing activities to build coordination.

Week 4

 Snack Time
Independence – Let children practice opening snack containers and pouring drinks.

